



Dance Company Weekly Adult Classes

MONDAY

Active For All- Movement class for adults with disabilities
(Plymouth Life Centre, 1pm-2pm, £3.50 per class) Class organised by *Improving Lives Plymouth*.

THURSDAY

Exim Open Company Class - Weekly contemporary classes with various professional artists
The House Studio, Plymouth University
(6:30pm - 8pm)
£6 or £4 with a dance card, **FREE** for Plymouth University Dance & Theatre Students)

