



A non-contact special needs rugby-group catering for boys and girls from the age of 5 upwards recognised by Devon Rugby Football Union (RFU) and with coaches who are DBS checked. These sessions are tailored to help develop hand-eye co-ordination, confidence building and social skills whilst showing that exercise can be fun. Parents are welcome to stay and join in.

Sessions take place at Plymstock Albion Oaks Rugby Football Club, Horsham Plymouth Fields, Staddiscombe, Plymstock PL9 0DF on Sunday's from 9:30am-10:30am. The first 3 sessions are FREE.

For further information contact Julia on 07887 244472 or via Facebook at:

<https://www.facebook.com/Oaks-Rugby-Inclusive-173351259895456>

