

PLYMOUTH INFORMATION ADVICE AND SUPPORT FOR SEND



Personal Budgets –

Personal Budgets and Education, Health and Care Plans

What is a Personal Budget?

A **Personal Budget** is when the places that support you work out how much money they are spending on your support.

For example, they might look at how much it costs to pay for someone to give you extra support at college or someone to help you with speaking and communicating.

You can use a Personal Budget in different ways.

Sometimes your parents, the local authority, your school or college can look after your Personal Budget for you.

The local authority is sometimes called 'the council'. They decide how to spend the money for your support.

Sometimes you can get the money yourself and work out how you want to spend it on your support.

You will get a plan to say what support you need. You must only use the money for the things in the plan.





Who can have a Personal Budget?

If you have special educational needs. This is when people need some extra help with learning things.

If you are aged between 16 and 25 years old and you are getting an Education, Health and Care plan, then you can ask for a Personal Budget.

Do I have to have a Personal Budget?

You do not have to have one. It is up to you.

You or your parents can ask for a Personal Budget when your Education, Health and Care plan is being written or is under review, which means it is being checked.



Sometimes the people who run the local authority or the health services will say no.

They have to tell you why they cannot give you a Personal Budget.



How to Contact PIAS

If you need help understanding Personal Budgets, you can contact us in several different ways:

- Through our website via our [contact us form](#)
- Email us at: pias@plymouth.gov.uk
- Call us on 01752 258933.
- Visit Facebook at: [@plymouthias](#)

