



# YOUR FUTURE

**Drop in 1-1 Event**  
You are invited to meet the  
'Your Future' team and find out more  
information about this exciting  
bespoke programme



Thursday 16 May 2024



4pm - 6pm



On Course South West - Hyde Park House  
Mutley Plain  
Plymouth  
PL4 6LF



Carpark is to the side of the building at Mutley Barracks  
Car Park the first 2 hrs are free, but you must obtain a  
ticket.



01752 660713



Light refreshments available





# YOUR FUTURE

Your Future is a bespoke programme designed specifically to support young people, building their confidence and exploring their aspirations towards employment, education or training.

By engaging in day trips, short breaks, and hands-on learning experiences you will:

- Get involved in exciting activities
- Meet new people and make friends
- Develop interpersonal and social skills
- Boost employability
- Build confidence and support self-resilience
- Increase teamwork and independent living skills
- Gain an understanding of local opportunities that are right for you



## Who can get involved?

- Young people aged between 19- 25\* living in the Plymouth area
- Those with Education Health Care Plans (EHCPs)
- Those with other support needs
- Those who experience barriers to learning

\*Some opportunities will be available for 16-18 year olds.

## What to expect:

- Enjoyable learning activities
- Tailored short breaks
- Coaching and mentoring

For more information  
please contact the team:

[yourfuture@oncoursesouthwest.co.uk](mailto:yourfuture@oncoursesouthwest.co.uk)